



Safety Message of the Day for IMEA Members



Afterthoughts and Regrets Safety Message

How often have you said or done something and then later, reflecting on your action, thought to yourself, “How could I have done that?”

Here are some afterthoughts which, unfortunately, too many of us have experienced:

“That’s how we’ve always done it before.” (...before the accident occurred anyway.)

” I know they were always preaching that we should lift with the leg muscles instead of the back muscles.” (What the heck is a herniated disk?)

“They always insisted that the tool rest should be no more than one-eighth inch from the grinding wheel. What difference does another quarter inch make?” (I was lucky not to go blind when the chisel got wedged and the wheel exploded into a thousand pieces.)

Any of this sound familiar?? They say hindsight is the only perfect science-but foresight could have avoided these incidents, misfortunes and regrets.

Learn from others’ mistakes and you’ll have no regrets!