



## Safety Message of the Day for IMEA Members



### How to Avoid Accidents Safety Message

Each time somebody is injured on the job, we need to ask ourselves “how did this happen?” Just as important, we need to ask ourselves “how do we prevent these accidents from happening again?”

#### How Do Accidents Happen?

Work accidents don't just happen on their own, they are caused. Most accidents are a result of somebody's actions, as opposed to work conditions. Common actions that lead to accidents include:

- Not paying attention or being complacent
- Lack of knowledge about the task or the hazards
- Taking shortcuts, or finding a “better way” to do the task instead of the safe way
- Using the wrong tool for the job
- Rushing

There are many more actions that lead to accidents, but these are some of the most common. Workers with a good safety attitude have far fewer injuries compared to those with poor safety attitudes.

You should frequently ask yourself if you are doing your job in the safest way possible. Are you doing the job the way you were trained, or are you taking shortcuts?

Taking fewer risks will drastically lower your chances of injury. Over time, taking unnecessary risks will almost guarantee that you will get hurt. Keep yourself safe by always seeking to avoid accidents.