



Newsletter

July 2023

eSource

Employer Responsibilities

You must :

- Manage the hazards associated with drugs and alcohol in the workplace
- Identify if there is drug and alcohol use at your workplace or if workers are coming to work under the influence.

Workers Responsibilities

You must:

- Not use any drugs or alcohol while you are at work
- Exceptions may be for prescription medication for legitimate medical reasons
- Ask your doctor about their affect on your ability to work safely
- If it's likely they'll affect your ability to do your work safely, tell your manager / employer; they may give you other duties while you're taking the medication
- Ensure that any drug or alcohol use outside of work hours does not affect your safety or the safety of others
- Not come to work if you're hungover or still on a high
- Follow your workplace's drug and alcohol policy
- Talk to your manager or health and safety representative if you think one of your co-workers is impaired at work.

Having a responsible attitude to the consumption of alcohol or drug use is an important part of everyone's overall health and wellbeing. If you reduce or cut out alcohol you will feel healthier, sleep better, save money and feel more energetic.

Alcohol and Other Drugs in the Workplace

Use of alcohol and other drugs before or while at work can have a significant negative impact on individuals and the people around them.

The effects of both alcohol and illicit drug use during and outside of work hours can have a negative impact on workplaces such as:

- Increased health and safety risks
- Poor relationships
- Poor business reputation
- Lost productivity

Risks to Safety

Workers under the influence present an injury hazard to themselves and also place their work in danger or in the difficult position of being expected to cover for unsafe work practices.

Coordination, motor control, alertness and ability to exercise judgement can become affected in drug use. These safety risks are greater where people operate machinery, drive vehicles, or plant, or rely on concentration to do their work and can result in:

- Workplace accidents, injuries or damage to equipment
- Increased absenteeism and reduced productivity
- Poor teamwork or workplace relationships
- Disciplinary or conduct problems.

Needing Assistance?
Please Contact Us!

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Safety Solutions at Work

Workplaces can be a good setting for promoting healthy attitudes towards responsible alcohol consumption and drug use hazards, especially through workplace education and awareness. By supporting your workers to make better decisions about these issues, you can benefit from a healthier and happier workforce and a safer workplace for everyone.

If an alcohol or drug-related hazard is identified in your workplace, you need to eliminate or reduce any related harm, as far as is practicable.

The most effective work health and wellbeing programs follow the same steps as successful safety programs, so your efforts to manage alcohol and drugs are best done as part of an integrated approach.

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2023 IMEA Lineworkers Rodeo



The IMEA Indiana Lineworkers' Rodeo hosted by the City of Lawrenceburg & Lawrenceburg Municipal Utilities is the state's most energizing safety and training event. The only one of its kind for public power lineworkers in the state, the interactive, competitive event is designed to showcase the skills and knowledge of a lineworker in a fun and safe environment. The event is open to anyone who is a practicing lineworker in a municipally owned and operated electric utility in Indiana .

The rodeo features two levels of competition: journeyman team and apprentice. There are four events for apprentices, and four in the team category. Three of the four will be provided as mystery events with the fourth as Pull Top Rescue. We hope you will join us for our two-day event on Friday, September, 22nd & Saturday, September 23rd with a cookout and awards following the conclusion of the event.

Register Today! [www.imea.com / events](http://www.imea.com/events)

Indiana Municipal Electric Association

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*Safety / Mutual Aid
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To post a classified ad to our jobs in Public Power page. Please email text to janel@imea.com.

Do you have important news or photos that you would like to share in our bi-weekly newsletters? Please email all news and photos to janel@imea.com

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