



Safety Message of the Day for IMEA Members



Being Observant Safety Message

There is so much noise and distraction in the world around us. Whether it is at home or at work, we have so much on our minds as well as things going on around us that we can miss a lot of important details. It is critical to slow down and be able to observe the environment around you while you are at work to be able to perform tasks safely.

Being Observant

How many times have you tripped over something you did not see or turned around and gotten startled because someone was in your area that you were not aware of?

How to Improve on Being Observant at Work

- * Eliminate distractions from your work area. Whether it is someone talking to you or excessive noise, try to get rid of anything distracting you from your work. Also, consider good housekeeping practices as a tool to eliminate unnecessary distractions in your work areas.
- * Take the time before starting a task to stop and look around your work area. Really focus on the different tools or equipment in that area. Are there hazards you are missing? Do you have everything you need?
- * While completing a work task, monitor your thoughts. Is your mind truly on the task? For example, think of a time when you were driving and can barely remember the trip. How observant do you think you were while operating your vehicle?