

What Am I Not Doing? - Safety Message

Every day we receive instructions for what needs to be done. There is always guidance on what we should do in order to be successful at whatever the task or project is at hand. Workplace safety depends heavily on consistently making decisions and taking action to work safe. Because we often know what we should be doing, one way to evaluate our decisions is by stopping to ask ourselves, "What am I not doing?"

What Am I Not Doing?

At work, we often know what we should be doing. By choosing not to take the extra effort, employees can be put at risk for injury.

The Outcome is Decided by You

Our daily actions, both what we choose to do and what we choose to not do, decide the outcome of most of life's daily situations. This is true in the workplace as well. The risk of injury can be greatly reduced when employees are making decisions that are aligned with established safe work practices. Next time you begin a task, ask yourself if:

"Is there something I'm not doing that I know I should be doing?"

Discussion point:

What is an example of how inaction can result in serious injury?

