



Safety Message of the Day for IMEA Members

Ready for Work Safety Message

Coming into work healthy and in the right mindset every day is just as important as being properly trained or having the right tool for the job. Many factors, both on and off the job, affect how well or poorly we do our jobs on any given day. Some of those factors are **sickness, fatigue, medication, and stress**.

Whether it is **sickness, fatigue, medication, or stress** affecting you in a negative manner at work it is important to speak up and address the problem. When “simple fixes” are not enough to correct a health-related issue it is important to let a supervisor know and cease the work task. Address the problem at its source to ensure you can continue to work productively and safely.

