



## Safety Message of the Day for IMEA Members

### **Good Enough Mindset Safety Message**

For most of us, we have been doing our jobs long enough to know what is the right way to do something and what falls short to "good enough". When it comes to workplace safety "good enough" does not cut it. When addressing hazards, having this mindset will lead to exposure to risk that will eventually result in incidents and injuries occurring. It is important to take the time to not only identify hazards, but also taking the proper time and energy to mitigate them.

### **What Leads to the "Good Enough" Mindset?**

There are many reasons why individuals may be tolerant to unnecessary risk during work tasks. A few of these reasons could include:

- Complacency.
- Lack of training or understanding.
- The culture of their work group or the company supports tolerating risk.
- Lack of energy or fatigue.

### **How to Avoid a "Good Enough" Mindset**

- Always aim to do your best.
- Recognize when you are not feeling your best or when your energy levels are low.
- Remind yourself why certain safety policies or best practices are in place and that the expectation is to follow them.
- Have others who excel in their job double check your work or give you feedback.

### **Summary**

"Good enough" is a mindset that plagues individuals both at work and at home in different aspects of life. When we aim lower than what we know our potential is we are leaving a lot on the table. When it comes to safety at work, aiming lower than what is expected can lead to serious injuries.