

# **Safety Message of the Day for IMEA Members**



#### **Continually Learning Safety Message**

Continual learning and improvement is critical for success in any area of our lives; whether that is as a parent, spouse, worker, leader, community member, etc. Having a growth mindset when it comes to work separates those who stay stagnant in their position at work and those who eventually land better opportunities for themselves. Continually learning and expanding your knowledge in regards to what you do at work will allow you to be a safer and more efficient worker. On the other hand, having a fixed mindset when it comes to work will not only hold an individual back from better opportunities, but it can also lead to injuries on the job.

## **Having a Fixed Mindset at Work**

Change is inevitable. Many workers have been in the same field for over 20, 30, or even 40 years, but think how different the same workplace was even just a decade ago. Workers who want to hold on to the old days and fight change at every single turn will eventually get left behind

### **Continually Learning and Workplace Safety**

Our workplaces are always evolving. With ever-improving technologies and new ways to complete work tasks, we are arguably progressing faster than ever. It is critical for workers to be able to receive and adjust to this new information and use it to be successful in their position. With any changes, even if it is something that makes a work task safer, it is necessary to understand what impact that it has on your job.

### **Summary**

Embrace change as it comes into the workplace. Most change is made for the greater good of everyone involved. There are times when new changes can lead to unnecessary risk, but the majority of change does not unless workers do not take the proper actions to embrace it.