



## Safety Message of the Day for IMEA Members



### NEW YEAR, YOU AND SAFETY!

Each new year brings new resolutions. We all struggle with that one meaningful resolution for ourselves.

The success of work-related resolutions could be the difference between a life and death situational hazard in the workplace. One's safety and health should always come first when thinking about our New Year's resolutions. But what's the best way to do that?

Here are some resolutions to focus on for workplace safety in the New Year:

- Look back on the past year. Blindly making resolutions for the New Year without considering the events that happened in the previous year will only result to half-baked goals.
- Review company policies on health and safety. Take some time to look through the company policies, and review health and safety rules and regulations.
- Ask questions. Some tasks may be too dangerous, or too difficult for one single person to perform. When in doubt about the safety of a certain job, do not be afraid to speak out.
- Inspect personal safety equipment and gear. The holiday season preceding the New Year is a great time to check safety gear and equipment.
- Acknowledge distractions – and throw them away. Activities that distract from tasks that need to be accomplished are distractions that should be thrown away along with the year that just ended.
- Know who to call in an emergency. For any workplace safety-related concerns, knowing who to call or approach is as vital as knowing how to avoid hazardous situations.

***While it is the legal obligation of the employer to provide a safe working environment to its employees, there is no harm in taking that extra step to ensure personal safety at work. Becoming better informed about health and safety policies governing the workplace is a good start.***