

Safety Message of the Day for IMEA Members



8 Tips To Keep You Safe Safety Message

Numbers from the U.S. Bureau of Labor Statistics put electrical line workers among the top ten most dangerous jobs in the United States. Linemen risk falls, electric shocks, burns, and other injuries while on the job every day. According to BLS data, the average annual fatality rate for power line workers is 56.3 deaths per 200,000 employees. Even though safety measures have greatly increased overtime we want to give you some tips you can use on the job.

- 1. Work in teams. Always remember to be communicating with your crew and looking out for each other's safety! It's important to remember you are a team so make sure every team member is safe.
- 2. Slow down: Most mistakes occur when workers are rushed to finish a job. This will ensure that the job is done right and carefully.
- 3. Wear proper safety equipment. Of all safety tips, this one is most important. In the event of an incident, your equipment, helmet, gloves, shoes, and clothing will provide an extra layer of protection.
- 4. Be aware of your surroundings. When working on the line, the smallest movement can lead to an accident. Remain calm, move mindfully and be aware of the supplies around you.
- 5. Use tools properly. Don't use tools you are not trained with and always practice proper tool safety. Stay up to date with safety trainings and best practices.
- 6. Be prepared for the weather: whether its 100 degrees or -30 degrees always be prepared. In the summer months remember to stay hydrated!
- 7. Get your equipment tested: This is crucial for staying safe on the job. If a ground is damaged or a glove has a hole this is extremely dangerous.
- 8. Remember: Remember to look out for your crew members and speak up when you see a hazard. It's always better to be safe than sorry.