



Safety Message of the Day for IMEA Members



How Your Choices at Home Can Affect Safety on The Job Safety Message

There are many choices we make at home that can have major effects at work. Whether it is safety-related or lifestyle choices, many of these choices have repercussions that carry over from home into the workplace. It is important to realize how closely connected our personal and professional can be.

One-Time Poor Choices Can Affect Work

There are choices you make at home that can lead to safety issues on the job. For example, you go out with your friends to a late Sunday night football game. You choose to go to the bar with your buddies afterward and drink until 1 AM, knowing you have to be up at 4 AM to go to work. You make it to work on time, but you still are feeling the effects of alcohol, and you are very fatigued. You are now putting everyone and the company at a risk for an injury or some type of loss.

Lifestyle Choices and Work

Even choices that seem minor or extremely personal can have a significant effect on a person's ability to work safely. Even choices that are perceived as positive can have a negative effect at work.

Summary

We do not owe our entire lives to our jobs. We do have the freedom to do basically anything we want to outside of work. It is just important to realize how these decisions affect not only yourself at work but also your fellow coworkers and the company as a whole.