

Safety Message of the Day for IMEA Members



Properly Wearing Your FR Clothing Safety Message

It's not enough that you wear Flame Retardant (FR) clothing. It pays to know the right way to wear them and know what not to do when wearing them. Remember, wearing FR clothing correctly can give maximum protection, but if worn improperly or out of the industry standards, they become less effective. Here we give you the common mistakes made in wearing FR clothing.

- 1. Do not wear FR clothing without a Non-FR outer layer. While you have your FR clothing on, you need to make sure that you are wearing an FR outer layer. It can be tempting to wear a non-FR jacket most especially during the cold weather. But chances are, that outer layer can still ignite and burn putting you at risk.
- 2. Do not wear a Non-FR synthetic underlayer.
- 3. Do not roll up your sleeves. While this can be a challenge most especially if you are beating the heat, rolling up your sleeves exposes your arms. The best thing to do is to look for FR clothing that is lightweight so you get maximum comfort and maximum protection.
- 4. Do not unbutton your FR clothing. It's important to know that unbuttoning your FR clothing can expose your skin to heat. If you're wearing non FR clothing underneath, for example, heat can easily ignite and burn which leaves you unprotected.
- 5. Do not leave your shirt untucked. You should always check if your shirt is tucked in properly. If not, heat and flame can go under and lead to greater injury. Make sure that when you buy FR clothing, get one that is purposefully made with long shirttails.

These are just some of the things Lineman need to remember when wearing FR clothing to get that maximum protection that it is made to provide.