



## Safety Message of the Day for IMEA Members



### Workplace Safety Resolutions for the New Year Safety Message

Each new year brings about new resolutions that range from the achievable to the downright absurd. Most resolutions tend to center around personal well-being, such as promising to spend more time at the gym to get fit, and setting goals to achieve professionally. However, very few take the time to ponder on how to improve health and safety while in the workplace. If you find yourself belonging to the majority who don't make resolutions concerning workplace safety, then why not make this year the time to start making them?

After all, health and safety should always come first. By resolving to act on improving the health and safety in the workplace, it not only ensures personal safety, but also makes the environment safe and ideal for others as well.

Here are five resolutions that focus on workplace safety for the New Year.

1. Look back on the past year.
2. Review company policies on health and safety.
3. Ask questions.
4. Inspect personal safety equipment and gear.
5. Acknowledge distractions – and throw them away.

#### Discussion Point:

What can you we better as an individual and as a team.

NOTE: There's always room for improvement!!!