



Safety Message of the Day for IMEA Members



Leave Yourself an Out Safety Message

All too often, individuals are injured at work due to putting themselves in the line of fire or finding themselves in a place where they cannot escape danger. There are many different examples of these types of incidents. From a dropped load falling onto your foot to rear-ending the car in front of you, there are many scenarios like these incidents that are preventable if you leave yourself an out.

Defining "Leaving Yourself an Out"

What does it mean to leave yourself an out? For the purpose of this safety talk, we will define it as, "the ability to escape danger if a negative situation occurs."

You should always strive never to put yourself directly in the line of fire, such as under a lifted load or behind a backing vehicle. Even when you are not directly in the line of fire, you should consider what your options are if conditions change and a negative situation occurs. Never put yourself in a position where you cannot escape danger. Always leave yourself an "out".