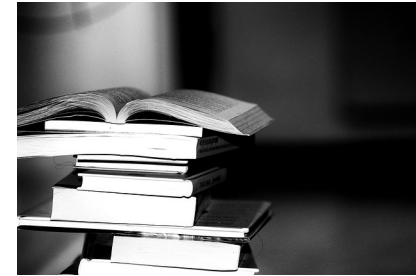




## Safety Message of the Day for IMEA Members



### Continually Learning Safety Message

Continual learning is critical for success in any area of our lives; whether that is as a parent, spouse, employee, leader, community member, etc. Having a growth mindset when it comes to work separates those who stay stagnant in their position at work and those who eventually land better opportunities for themselves. Continually learning and expanding your knowledge in regards to what you do at work will allow you to be a safer and more efficient worker.

On the other hand, having a fixed mindset when it comes to work will not only hold an individual back from better opportunities, but it can also lead to injuries on the job.

Embrace change as it comes into the workplace. Most change is made for the greater good of everyone involved. There are times when new changes can lead to unnecessary risk, but the majority of change does not unless workers do not take the proper actions to embrace it. Be a worker who is open to continually learning and avoid having a fixed mindset. Not only will this approach allow you to reach new opportunities, but it can also make the difference in avoiding an injury on the job.