

## **Safety Message of the Day for IMEA Members**



## What is Your "Why" for Working Safe? Safety Message

There is a rhyme and reason for every single thing that we do- day in and day out. There can be multiple drivers behind the reasons why we take a certain action. Some examples include long-formed habits, avoidance of pain, seeking of pleasure, money, relationships, or even deep-seated biological factors.

The list of WHY we do what we do at any given moment of the day can be as long as a football field. It is necessary to be self-aware and understand what drives you to take certain actions or why you do not take certain actions. This is especially true for choosing to work safe on the job.

## Finding Your "Why" for Working Safe

Working safely does not come naturally for many of us. It can even be argued that many aspects of working safely actually work against our own human nature. Because of this possibility, it is important to find your "why" for working safely on the job.

**Remember-** you should always want to work safely for your own sake, but there are also huge consequences for those around you if you choose to take risks on the job.